# HEALTHYHELPING

A **3-month** produce prescription program for those impacted by COVID19

## HOW TO LOAD AND SPEND HEALTHYHELPING

### 1 ENROLL

Enroll in the program with a care manager by phone

### 2 LOAD

Load $40 onto your MVP card by making a purchase of any amount **using your MVP and SNAP EBT cards**

### 3 SPEND

Spend Healthy Helping dollars each time you shop by using your MVP card to purchase eligible fruits and vegetables

### 4 REPEAT

Repeat Step 2 each month to load another $40 onto your Food Lion MVP card and continue purchasing fruits and vegetables

## TIPS FOR USING YOUR HEALTHYHELPING

**YOU CAN BUY FRESH, FROZEN, OR CANNED FRUITS AND VEGETABLES**

...without added salt, sugar, or fat

**FOR FROZEN OR CANNED FOODS, LOOK FOR THE WIC LABEL!**

WIC

**HAVING AN ISSUE?**

If you have difficulty loading your benefit, save your receipt and call the person who enrolled you in the program

**HEALTHYHELPING IS A THREE MONTH BENEFIT**

...and the program ends Dec 31, 2020

Reinvestment PARTNERS